

## [krjk dñz dsnl o'kz

dbz epñka ij fofHkUu nf'Vdks kka l s dke djrs gg [krjk dñz us vi uh LFkki uk ds  
nl o'kz ijs dj fy, gñ vks] kfxd inñk.k vks ml ds dkj.k df'k mRi kndrk]  
vktfodk] thou vks "kgjh xjhcka ds vkokl l sl EcfU/kr fofHkUu epñka ij dñz  
dke dj jgk gñ dñz ykaka dks i Hkkfor djus okys fd l h Hkh [krjs ds dkj.k kñ  
i Hkkoka vks] muds fujkdj.k ds fy, l ghkxh "kksk dks l Ei wkz : i l s c<kok nus dk  
iz kl djrk jgk gñ dñz us ges'kk bl rjg dh fj l pZ rdudh dks c<kok fn; k gS  
tks l ekt ds fy, Hkh mruh gh Lohdk; Z gS ftruh fd oSkfud Lrj i jA

l Hkh ykaka ds iz kx vks] mi Hkks ds fy, , d ^oñfyid fodkl ifreku\* dks ydj  
fo"o0; ki h cgl py jgh gSD; kñd orëku ea tks fodkl dk Lo: i gS og u dny  
cjkst xkjh c<k jgk gS cfYd xjhcka dks Hkñeghu dj jgk gS vks] vl rñyr lk; kñj.k  
Hkh ns jgk gñ

dñz l e; & l e; ij ijs Hkkjr ds fofHkUu l ãBuka vks] l engk dks muds cgr l s  
epñka ij l kFk feydj dke djrk jgk gñ gea vk"kk gS fd ; sl ãBu bl l eFkU  
dk iz kx vi us l ãk'kk dks vkxs c<kus vks] ^i ks i hi y eñeV\* dks "kq djus ea vkxs  
vk l dñ dñz bl vol j dk mi; kx vi us }kjk fd; s x, dk; kñ ds eñ; kadu ds  
fy, djuk pkgxka [krjk dñz ds dñ dk; Z ykaka ds vf/kdkjka vks] lk; kñj.k dh  
j{k ds fy, iz kx ea ugha yk; s x; s; k rks vi; kñr Fkñ vr% dñz bl rjg ds  
dk; kñ dh [kkfe; ka o mi yfc/k; ka dk eñ; kadu djuk pkgxk rkfd mudks l dkjk tk  
l dñ

ijs Hkkjr ea thou] lk; kñj.k] vkokl vks] thou l Eeku dks cpkus ds fy, ^i ks i hi y  
eñeV\* pyk; k tk jgk gS D; kñd fuckZk fodkl ds dkj.k ; s [krjs ea gñ vi us nl  
o'kz ijs djus ij dñz ; g egl ð djrk gS fd os l eng vks] l ãBu tks fd gekjs  
}kjk l gk; rk vks] l eFkU i kñr gS mlga, d gh ep ij vkeñ=r fd; k tk, A ; g  
cgr gh vk"kki wkZ gksk fd fofHkUu l engka vks] l ãBuka dks, d gh ep ij mi fLFkr  
gks vks] vi us l ãk'kk dks vkxs c<kus ds fy, nñ jka ds vutkoks dks tkus rkfd  
l ãk'kk dks etar fd; k tk l ds l kFk gh dñz }kjk vc rd fd, x; s dk; kñ dk  
i fj{k.k Hkh gks l dñ

## dyk vks] l ãdfr D; kñ

dyk l pkj dk l cl s vPNk l k/ku gS tks fd l h Hkh dfBu fo'k; dks l e>us ; kñ;  
cuk nrk gñ vfHkO; fDr ds fofHkUu rkj rjhda gkrs gñ tks vke vkneh ds thou l s  
xgjkbl l s tñs gkrs gñ ^dyk\* l ãdfr dk l cl s cMk vñ gñ cgr l s l eng vks]

l æBu fofHkU dykvka tš sl æhr] dyk] fFk; šj vkfn dsek/; e l sfdl h u fdl h  
rjg l sl æk j [krs gÅ LFkkfu; l epk; vi uh fparkvka vks epnks dks dykRed  
ifdz k dsek/; e l siLrŕ dj l drs gÅ tks l ekt ds fofHkU epnka dks ep  
inku djus ea l gk; rk djskA vr% [krjk dšnz nl l ky ijs gksus ij xoz egl v  
djr k gÅ bl vol j ij fofHkU l epk; vi uh vfHkO; fDr dks dyk dsek/; e l s  
i'sk djÅ

## dk; žde

; g dk; žde rhu fnol h; gksk] ftl ea fofHkU l epka }kjk l kldfrd xfrfof/k; ka  
iLrŕhdj.k vks ppkZ "kkfey gksxA ¼oLrŕ tkudkj ckn ea Hksth tk, xhA½

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1- l eL; k]

2- l æk" k]

3- mi yfC/k@vl Qyrk@oržku Lrj ¼ g; ks ; fn [krjk dšnz dh rjQ l s gsrkš

dkbZ Hkh l epj vi uh dgkuh dks iLrŕ djus ds fy, dyk dh fuEu fo/kkvka dks  
"kkfey dj l drk gÅ

1- uŕdM ukVd]

2- , dka dh ukVd]

3- uR; ukVd]

4- eksks , DV l ys]

5- uR; ]

6- xhr]

7- ekbe vkV]

8- in" kžh; kll& i ŕVx]

ekMYl

i kšVj

Qks/ksxtQ

vll;

9- fQYe@oŭkfp=

## iLrŕhdj.k vks ifjppkZ

iR; d fnu , d l = iLrŕhdj.k vks , d l = ifjppkZ ds fy, jgsxA tks Hkh l epj  
vi uh dgkuh dyk fo/kk ea nus ea vl eFkZ gÅ os eks [kd iLrŕhdj.k] LykbM "kka ; k  
n"; dyk l sviuh vfHkO; fDr ns l dra gÅ ftl ea og vius l æk'kkš l eL; kvks vks

[krjk dlnz l s i k r l e f k z d k o . k z d j l d r a g a i f j p p k z l = l H k h i f r H k k f x ; k a d s f y , [ k y k g k s x k v k s ; g n k s m i l x k a r f k k f o f H k l l u f o ' k ; k a i j v k / k k f j r g k s x k t s a f d

- 1- fMLlyd eV %cn [kyh]
- 2- vukf/kdkj dk; hcko]
- 3- vks| kfxd i ntk.k vks 0; ol kf; d LokLF; ]
- 4- ekfyd l ok, a]
- 5- ikdfrd l d k/ku vks turk ds vf/kdkjA

6- fodkl vks lk; kbj.k i z b / k u e a y k s k a d h H k k x n k j h A ; u k s / % l k a d f r d i L r f r ; k a d s l e ; d k f u / k k j . k l a B u k a d s d k ; b e d s v k ; k s t d k a l s p p k z d j u s d s c k n f d ; k t k ; s k A f d l h H k h d k ; b e d h : i j s [ k k t s s f l d i v ] x h r ] l e ; i f r H k k f x ; k a d s } k j k t k u d k j h f t r u h t Y n h g k s d i ; k H k s t n A i L r f r d j . k d s f y , l e ; l h e k 7 & 1 0 f e u v r d d h g l o x h A i n f " k u h d s f y ; s L F k k u m i y c / k d j k ; k t k ; s k A A

### D; k gS^[krjk dlnz %

[krjk dlnz l py Qkm.Ms'ku dk vx gS tks l epk; k] l a B u k a v k s L o ; a l o h l a F k k v k a t k s x j h c k a d s g d d s f y , y M + j g h a g a m l u g a 0 ; o l k f ; d : i l s l o k , a o i j k e " k z m i y c / k d j k r k g a ; g k a ^ [ k r j k \* l a d r g s ^ d k b z H k h ? k V u k ] t k s t h o u d s f y , [ k r j k g k a \* \* g y k f d b l d k d l n z ^ f n Y y h \* g s y s d u d l n z ^ f n Y y h \* d s c k j d s l a B u k a t k s i ; k b j . k v k s f o d k l l s l a d / k r e p n k a i j d k ; l d j r s g a m u d h t : j r d s f g l k c l s v i u h l o k , a i n k u d j r k g a

### [krjk dlnz dk fodkl

^ g s t k M Z M l d \* d h L F k k i u k 1 9 9 6 & 9 7 e a ^ v n j e h f M ; k \* H k k i k y x s = k l n h v k s c M s i L r k o k a d s p y r s t u t k f r ; k a d k s g v k ; s t k u s d k s y d j p y j g s v k l u n k s y u l s t p l h r d u l f d l p u k v k a d k s n s u s d s f y , f d ; k x ; k F k k A L F k k i u k d h " k q v k r e a M l d u s V d u k s y k t h v k s e k u d t h o u L r j v k s H k k i e v f / k x g . k d k u u d s l a d k e a l e f k z d x f r f o f / k d s r k s i j d k ; l f d ; k A c k n e a d l n v l ; l a B u k a u s 0 ; o l k ; l E c l / k h L o k L F ; ] i k n i m R i k n d r k i j i n t k . k d k i t k k o t s s

vU; epnka ij Mtd lslg; kx ekak rkfd bu ij v/; ; u fd; k tk l dA bl izdkj  
^[krjk\* "kCn dh "kkfCnd ifjHkk'kk cu x; h ^gj og olrq tks l ekt dsfy; s [krjk FkhA\*\*

1997 ds "kq ea vukf/kdr dkykfu; ka ds fuokfl ; ka us Mtd l s dkuuh l gk; rk dsfy,  
l Ei dzfd; k D; kfd dN ykd : ph l eng ds yxka us mlga cn[ky djus dk y{; cuk; kA  
bl izdkj bl rjg ds "kgjh epns 'Mtd' ds "kksk vksj l ykg dsfy, dlnz fclnq cu x; A  
bl rjg vxys rhu o'kkard "kgjh l epk; dks [krjs eans[krs gq vi uk  
folrkj fd; kA >Xh cflr; ka ea l okvka dk i ko/kku] vitdr vksj gkfu mBk jgs m | kxka dks  
cln djuk] i; kbj.k vksj inmk.k ds uke ij tu ; krk; kr de dj nauk] U; ure etnjh  
vksj vfrde.k ds uke ij fo/od vkfn , d s epns Fks ftlgs 'Mtd' us gkfk&gkfk fy; kA bu  
l Hkh xrfok/k; ka dks foHku {s=ka ds i s'koj yxka ds }kjk l g; kx mi yC/k dj; s x, A cgr  
l s l d k/kuka vksj l LFkkxr : i l sgky gh ea rS kj fd, x, Nks/s l s "kksk l engka }kjk enn  
nh xBA vlrr% oKkfud l LFkkuka ds yxka dks igy vksj ckn ea l py Okm. Ms'ku l s tMko  
ds ckn 'Mtd' l u-2000 ea ^[krjk dlnz ds uke l s vyx l LFkk cu xBA

i Hkkfor yxka dh vo"; drkva vksj mul s tMko ds pyrs dlnz dk dk; Z fodfl r gkrs  
x; kA bl rjg ; g dlnz tgagky ds o'kkard ea "kksk v/; ; u dks egRo fn; kA ogha /khj & /khj s  
i Hkkfor l epk; ka ds ; pk yxka dks mudh vi uh l eL; k; ka ij "kksk djus dh i dfUk dks de  
[kphzyh fj l pZ inAfr; ka }kjk vPNa cks/nd i s'kojks }kjk l g; kx fn; k x; kA bl ds vykok  
"kksk dsfy, /ku vksj l e; dh vfuok; rk dks Hkh de fd; kA l ghkxh "kksk ea LFkkuh; Hkk'kk  
vksj n"; l k/kuka dks Hkh i fjr fd; kA vkf[kj dj; cgr l s l eng l eku epnka ij l ak'kz djrs  
gq l kfk vk; s vksj mudh ; g vko"; drk Fkh fd mlgs , d , d k ep feysft l s vi uk , d  
xBaZku cukus ea enn feyA ; s l c pufkr; ka Fkha vksj ^[krjk dlnz us vi uh ftEenkh dks  
fuHkus dh dks "k" k dh A bl rjg ^[krjk dlnz us "kksk izdk"ku] i f" k{k.k vksj vlr ea  
ijke" kZ vksj xBu dh "kkunkj igy "kq dhA